

Ben Helfgott

The Story of One of the Boys

Michael Freedland, with a foreword by Rabbi Lord Sacks

From concentration camp to Holocaust Survivor, Olympic athlete to successful businessman, Ben has spent over 50 years championing the rights of Survivors, reconciliation and education initially as a founder member of the '45 Aid Society and then via his board membership of Holocaust Memorial Day Trust, Holocaust Education Trust and the Claims Conference amongst other national and international organisations. Michael Freedland, an experienced biographer, writer and journalist, tells his story here.

A true hero of our time. This biography is essential reading for all interested in the fate of the Jews in the twentieth century.

Antony Polonsky, Emeritus Professor of Holocaust Studies, Brandeis University

He was one of the most memorable people I ever met in my life, never mind doing my job.

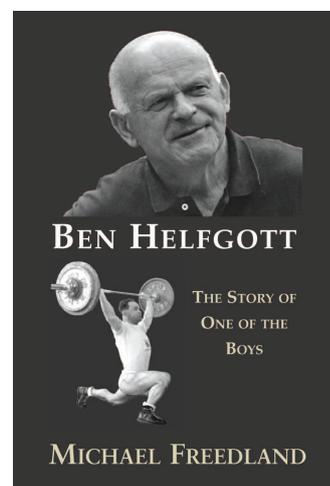
Kirsty Young, BBC, Presenter Desert Island Discs

I am delighted that his story is captured here through the beautiful and powerful words of Michael Freedland.

Emeritus Chief Rabbi Lord (Jonathan) Sacks

2018 216 pages, 40 b/w photographs

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Opening the Drawer

The Hidden Identities of Polish Jews

Barry Cohen, photographs by Witold Krassowski

Made up of contributions by the three generations of Polish Jews ... it gives a multi-sided and nuanced picture not only of Jewish identity in Poland but of the complex history of Poland and its Jews from the Second World War to the present. It is an essential source for a proper understanding of these developments.

Antony Polonsky, Emeritus Professor of Holocaust Studies, Brandeis University

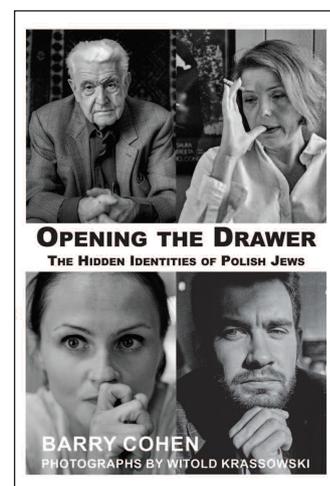
For the first time in a single volume, *Opening the Drawer* brings together illustrated profiles of three generations of Poles who discovered their hidden Jewish identity in often surprising ways. Drawing on interviews with child survivors of the Holocaust; the post-war second generation; and the post-Communist third generation, these voyages of discovery are not simply variations on a theme, but memorable depictions of unearthing long-buried family histories and secrets.

In a sharp departure from the past, many Poles are expressing a deep interest in the phenomenon of emerging Jews. Poland was regarded as a tragic land where Jewish life had ceased to exist, but these profiles reflect a growing range of communal activities that paint a different picture.

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